

Supporting communities, enterprising minds and active citizens

ANNUAL REPORT

JUNE 2018 to MAY 2019

CELEBRATED TEN YEARS WORKING AND SERVING THE COMMUNITY

ACCM (UK)
1st Floor
3A Woburn Road
Bedford
MK40 1EG
Tel/Fax: +44 1234 356 910
Mobile: +44 7712482568
Email: info@accmuk.com
Website: www.accmuk.com

Contents Page

Highlights from Chair	1
PROJECT SO FAR	6
- What we did	6 - 12
Opportunities and Challenges	13
- Opportunities	13 - 14
- Challenges	15
Financial Statement for the Year 2018 - 2019	16
Future plans and work in progress	17 - 18
Funders and Supporters	19

ANNUAL REPORT

HIGHLIGHTS FROM THE CHAIR

The success of ACCM (UK) in 2018 to 2019 continues to show increase in demand for our services, support and information by our users, majority of them existing users. Continued commitment and passion by fellow Team of Trustees, staff and volunteers working hard through continuing efforts to engage and reaching out to hard to reach communities, professionals and service providers enabled the Charity to meet the needs of our users and make a difference to their lives. Our easy to access central and discrete location especially our ground floor Community Hub launched on 5th May 2018, has expanded our office and meeting rooms space that continue to be the focal point of delivering our services, and access to existing and new groups and individuals seeking help, getting involved or participating in our activities or just dropping in to meet others and share experiences over a free coffee.

I took over as Chair from my role as Assistant Chair in April 2019 after the resignation of previous Chair and some of my fellow Trustees taking up retirement and the recruitment of new ones. As Chair 2018 – 2019 was a challenging year especially after our core funding from The National Lottery Community Fund (formerly The Big Lottery Fund) came to an end on 31st March 2019. As Chair I am proud of ACCM (UK) reaching this milestone during this period of funding challenges especially as the Charity has been relying on small secured grants and reserves to continue delivering its work to vulnerable people. I am also proud of its operations, progress made and continuing growth in delivering services, its strength and health is due to the leadership of the Director, with the support and inspiration of her team of staff, volunteers, users, supporters and funders.

Our partnership with Health Watch, Bedford Borough Council, Aristone and Premier Solicitors and Housing teams including JobCentre Plus in providing in house support services, consultation, advice and information continues to expand as more users hear about the service. We are in particular very grateful to the Bedford Borough Council, the Mayor, Councillors and staff for their support with provision of office premises.

Continued support from the British Association of Physicians of Indian Origin (BAPIO) and its representatives in supporting our project to develop long term sustainable programmes is crucial especially with the planning and running of the first Bedford Health Fair to be held on 24th November 2019 at The Corn Exchange in the town centre.

On behalf of my fellow Board members, I would like to thank the Director, staff, volunteers, users and supporters and most importantly our funders especially The National Lottery Community Fund, Allen Lane Foundation, Wixamtree Trust, Awards for All, Panacea Trust, The Office of Police and Crime Commissioner, Allen Lane Foundation, St Andrews Church, GREGGS, TESCO, ScrewFix and Bedford Borough Council, who have made it possible for the project to continue being successful. I look forward to committing myself as Chair and serving ACCM (UK) for another successful and fulfilling 2018/19.

Amina Ahmed
Chair / Director

THE PROJECT SO FAR

What we did

The Trustees / Directors continue to oversee the whole project, managing of finances by monitoring, authorising payments, checking all payments are in order, signing cheques and responding to communication relating to the project. The Board met 4 times a year at our Bedford offices.

Working with Users, Stakeholders / Partners:

Over the year we organised and ran 105 events in Bedford with a total of 2,040 users attending activities or used ACCM (UK)'s services, sought information or counselling or just dropped in for a chat. This year we saw more men attending our events than before with 48% compared to 42% of the women with 10% unknown gender. Feedback shows that 100% of users who attended health and wellbeing sessions now exercise regularly including walking, cooking health meals and using the market for shopping instead of supermarkets. It was shocking results when feedback showed that at least 1 in 5 people knew someone who had died of prostate cancer amongst Asian and African Caribbean communities. Men are now aware of the seriousness of prostate cancer if they don't get checked or respond to checks when required.

Although majority of our beneficiaries in 2018 to 2019 were women we had more beneficiaries attending mixed events that included health and wellbeing activities, workshops and talks on diabetes, high blood pressure, all forms of cancers especially prostate and bowel cancers and all forms of abuse. This year saw increasing numbers of men, especially men from White British background, seeking one to one information, legal advice and counselling as victims from domestic, hate and sexual abuse.

We continue to work closely with Faith and Community Leaders who continue to support, promote our work as well as providing their facilities for free for our outreach work.

Total of over 673 professionals received training, attended our events or sought information to help their users. Majority of the professional who participated in ACCM (UK)'s activities in the year were from the police, safeguarding and health. 6 professionals became users. Majority of our one to one users are lonely or living with violence and often just want a chat or seek information to empower them to make informed decisions as to what steps to take to improve their problems, health or just to cope. Recent publicity local and nationally on male victims of violence has inspired men to start to speak up about their situation where before they did not. Having free coffee mornings open door walk service has meant that men have been able to just walk in and seek information that is readily available as we have managed to bring most of the relevant services in-house including legal provided by Aristone Solicitors, One Housing and PBHA provide advice and support on housing, Pharmacists provide health checks and advice on medication, social benefits and job opportunities support and advice is provided by Job Centre Plus and counselling is provided by our qualified counsellor. Majority of our users are between 25 and 65 years old.

Chart showing beneficiaries by Race and Gender for the year

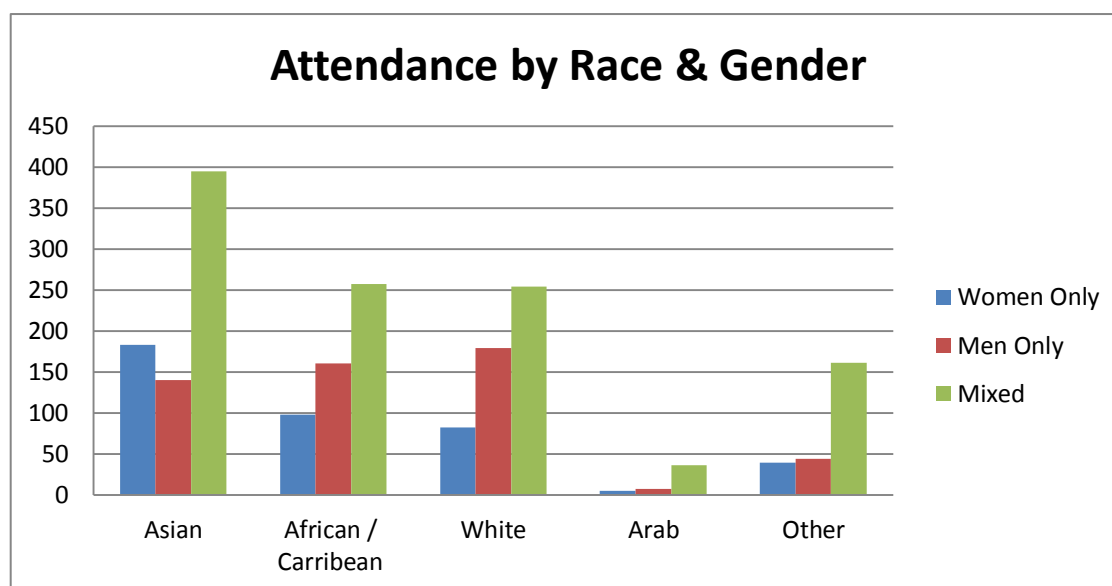
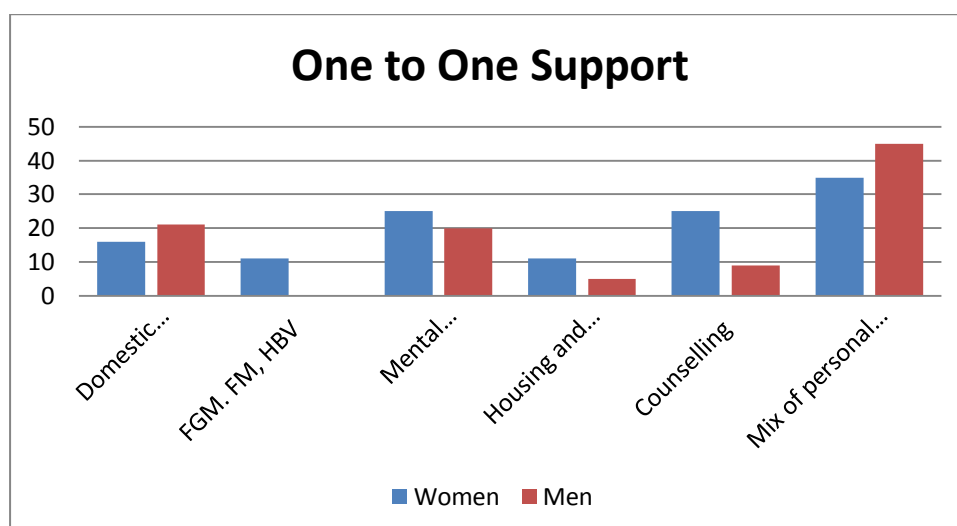


Table showing Numbers of beneficiaries who received One to One support.

Users supported on One to One

Around 223 users received One to One support or help with 55% women and 45% men. Majority of One to One users supported had a mix of personal issues. Around 17% were victims of domestic violence, 20% suffered from depression or mental health with 15% taking up counselling. Around 36% were users with multiple issues requiring multiple support services including housing, legal, counselling or just information to enable them to make informed decisions to improve their situation or health.



Our capacity to listen, provide positive support and safe, friendly working environment in collaboration with other service providers such as Bedford Borough Council, One Housing, Job Centre Plus, Premier and Aristone Solicitors, Safeguarding and the Police to improve the lives

of victims of all forms of abuse, means we are trusted to deliver positive outcomes to make a difference to their lives. The fact that we provide all support and one to one help, advice or counselling from our offices means that users received everything from one stop shop with having to be referred elsewhere. This has seen increasing numbers of victims of domestic violence, illegal traditional practices, sexual abuse or homeless coming forward to talk to us.



Thyroid – Dr Kanungo GP speaking



Prostate Cancer workshop participants

New Self – Help Peer led Mental Health Groups.

This year we continued to support and develop our Self-Help and Peer led groups - The Healing with Wisdom and Understanding Project made up of over 55 years old users of mainly White British background to have a safe and convenient place to meet every Friday afternoons to share experiences and get support from professionals as part of their healing and recovery pathways. The year 2018 to 2019 continued to show increasing numbers of users, especially men, increasingly homeless or living rough, of White British background, with mental health or depression seeking information, help and counselling. The Mental Health Forum which now has over 18 members attending every Friday afternoons to share experiences and take part in planned activities or talks has enabled them to improve their situation or manage it better. Two of the users are now in part time

employment, majority now say they are happier with their situation.



I am Who I Want to Be - Mindfulness session

R's story: R started in October 2018 very angry and disoriented after divorce and being made homeless. **‘Coming to ACCM I was homeless, now I have a roof over my head, secured**

benefits and the support I have received has given me my life back as I can now also see my children'. R is now working and volunteering as a gardener. Very successful.

We continue to support a new group of users with Complex Post Traumatic Stress Disorder (CPTSD) made up of adults who were abused as children but are dealing with the trauma of abuse in adulthood. This group had 8 users but had to end due to the lead person not able to continue. Though they have secured funding from Awards for All to establish own group called Recovery Code X that ACCM (UK) continues to support. They can be contacted at recoverycodex@hotmail.com.

The two groups facilitated by ACCM (UK)'s staff member are open to new users to join anyone interested should contact info@accmuk.com or call 01234356910 for further information.

Week of Action – 1st to 6th October 2018

The Bedford Borough Community Safety Partnership ran a Week of Action in the Midland Road and Tavistock Street areas during the week of 1st to 6th October 2018 and ACCM (UK) was at the front line of this campaign in supporting this important campaign.

ACCM (UK) based between the Midland Road and Tavistock Street took part by organising some of the events at our offices in partnership with Bedford Borough Council and Bedfordshire Fire and Rescue Service. This partnership with local community groups was to provide information and support to help improve the two areas with high rates of deprivation and crime. The Action Week included activities and events that local residents and businesses were involved in.

Inspector Paul Ayling said “This initiative is aiming to address issues raised to us by our residents. We often run Operation Highgate, which focuses on tackling street drinking, homelessness and begging as this is a prevalent concern affecting the Midland Road and Tavistock Street areas of Bedford. This week of action showcases how we are working with our partners to tackle the problems in these hotspot areas.”



Some of the participants at ACCM (UK)'s Action Week events

ACCM (UK) continued to work in partnership with the Bedfordshire Police in delivering more events including knife and hate crime that also touched on safety and health issues as victims often find themselves traumatised. In the Year 2018 to 2019 ACCM (UK) supported 5 victims of hate and knife crime which we had not done before.



Participants attending knife crime events at ACCM (UK) – Sept 2018

Kempston and other Outreach events

There is a huge ignorance amongst Africa and Asian communities on organ donation and the changes in the law. As part of our ‘Tackling BAME Health Inequalities’ programme, on 5th September 2018, ACCM (UK) organised ‘Organ Donation’ awareness event sponsored by local councillors and the Mayor of Kempston with Professor Gurch Randhawa as guest speaker.

The event attracted 49 attendees from Hindu, Christian, Sikh, Ravidassia, Valmiki, Muslim communities. The event was covered by BBC Look East (TV) broadcast on 7th September 2018 reaching many thousands of viewers. The event was also widely shared on Facebook and Twitter.



Dr Dr Gurch Randhawa giving talk



Kempston Mayor, Kempston Councillors and dignitaries with Dr Gurch Randhawa the main speaker

ESOL – English and IT sessions

We continue to provide ESOL for non-English speaking migrant communities and IT for beginners as these classes have become popular. The numbers have grown from under 60 a year ago to 75 with Learners now coming from diverse backgrounds including Polish, Portuguese, Brazilian, Italian and Siberian. We now run three classes on two days a week with three levels, beginners, intermediate and advanced. There is a demand for learners to take their Citizenship tests but we have to refer them on to Bedford College for advanced and Citizenship and the way of life in the UK. This work continues to be delivered in partnership with Bedford College and the Polish British Integration Centre.

We have applied for new SEMLEP funding to provide skills and development into work and education for some of our learners who have shown interest in improving their lives by becoming economically active.



ESOL Class - mix of participants from various backgrounds and gender

IT Cafe

We were honoured to have had excellent work relationship with the April 2017 to March 2018 Bedfordshire High Sheriff, Mr Vinod Taylor, who helped secure ten computers donated by Great Ormond Street Hospital. The IT Café is now used by our ESOL Learners and a trainer from Job Centre Plus who is training and giving unemployed back into employment.



Some of the IT Café equipment

Community Radio

ACCM (UK) TEAMED UP WITH Capital Radio FM to set up a community radio station. This is still work in progress as staff and volunteers who will operate the station are still undertaking training.

Gardening for Health – ownership of Council Allotments

The Gardening for Health project where ACCM (UK) continues to work on and work two Council allotments continues to grow from strength to strength. Some users found it hard work and dropped out while four continued in the second year of 2018 to 2019. The weather was very good and more harvest was achieved than planned especially spinach, herbs, carrots, pumpkins, zucchini, tomatoes, onions and sweet corn. The crops were shared between staff and users.



Sweetcorn and tomatoes harvest – Sept 2018



Allotment harvest – September 2018

Bedfordshire International Women's Week

We continued to run Bedford International Women's Week activities at our ACCM (UK) offices this year in partnership with our local Community Police Officers and supported by Bedford Health Watch and Bedford Borough Council. We organised a day's celebration with bring and share theme that included activities, yoga, and talks for our users with 98 people attending including men this year attended to support the women celebrating. We feel this is a more successful approach to celebrating women's international achievement than the costly all Bedford events of previous years.



This photo says it all on how women feel about the special Women's Day Celebrations

Working with our elderly citizens:

ACCM (UK) through its drop in coffee morning sessions we have a groups of elderly citizens who attend some of the activities we put on for them. Sometimes they just sit with others enjoy a coffee, play board games or do puzzles or share old times stories that are often very interesting, Age UK who is our partner has been providing some support for our group including talks, home help if required and information on various topics of interest.



Some of our elderly citizen members with Age UK Representative in Yellow top behind

Bedfordshire African Community Event – 23rd June 2018

Bedford African Community Event was ACCM (UK)'s idea of bringing Bedford African communities to get to know each other, share and support each other continues to grow in its popularity and more colourful each year. Most importantly it was to share 'What is African?' with diverse Bedfordshire communities as there is always a lot of misconceptions about Africa, its people and culture, often portrayed in Western Media as corrupt, hungry, sick or ill, civil wars leading to refugees or immigrants. This negative view of Africa has had negative impact on young Africans growing up in the UK with little connection to their country of origin losing their heritage as they do not want to associate themselves with their country of origin.



Team behind planning and organising of the BAC Event – From left Ruanda, Zimbabwe, Kenya, Nigeria, Zimbabwe and Uganda

The organisers from various countries including Uganda, Kenya, Zimbabwe, Ruanda and Nigeria have now firmly put BAC Event as a popular annual event on the Bedford annual Calendar. The event held 23rd June 2018 attracted over 700 from all walks and was led by the Mayor of Bedford, David Hodgson MBE, Bedfordshire High Sherriff, Dignitaries from Zambian and Kenyan High Commissions, various local Councillors and local MP for Kempston and Bedford all attending. The day was colourful with a variety of activities including drummers, singers, magic, traditional plays, children activities, and fashion parade from different countries. The



African Lady selling African colourful costumes and fabric



Ruandan Dancers showing off their colourful style and dance

Event had Awards for different categories but the Rwandan dancers, the fashion parade and the children dancers were the real winners. Looking forward to 2019.

Bedford Borough Healthwatch and Public health Teams

ACCM (UK) has been working closely in partnership with Health Watch over the last five years in planning, organising events and sharing information with occasional referral of users to each other. ACCM (UK)'S working to tackle health inequalities amongst vulnerable and most disadvantaged communities in Bedford means Health Watch has an interest in our work in ensuring that users do indeed get the support, diagnosis and that services are accessible, relevant and appropriate for the users.

With this in mind ACCM (UK) has teamed up with Health Watch to plan and organise the biggest Health Fair in Bedford to be held on 24th September 2019 to:

- Bring all health and wellbeing statutory, private and voluntary providers under one roof to meet the public they serve
- Promote the health and well-being (physical, mental and spiritual) by providing opportunities for networking and education in a non-clinical/friendly environment
- Develop partnership between health, local authority and voluntary sector to foster greater link and Synergy.
- Provide opportunities for Health check-ups and advice.
- To demonstrate benefits of synergy in Statutory and voluntary sector working to gather for the health and well-being of the population and bridge the gap of health inequalities. The results from the feedback survey will demonstrate the greater achievements which we should be proud of.

Funding for this first huge Health Fair has been secured from the Mayor of Bedford's Community Chest, Awards for All, CCG and other supporters.

Italian Senior Citizens Group

The Italian Senior Citizens Group has grown and become established with varied numbers of attending weekly lunch, yoga and dancing sessions. The group continues to meet as a Lunch Club in Tuesdays with little input from ACCM (UK) however whenever they require certain activities or talks they contact us to deliver them.

Some of the group now plan to have meetings at ACCM (UK) as from September 2019 to have access to IT Café and or internet browser. We look forward to having them and supporting them with any other needs or interests.

Ghanaian Family Group

This Family Group continue to grow with members now numbering over 100. We continued to support them with health talks, and information particularly on male health and vaccinations.

Another Ghanaian Group that used to meet elsewhere has now moved to use ACCM (UK)'s offices two days a week and is more Faith related to bring families together, support each other through Faith and celebrating family events. Some of them now join the Family groups.

Cameroon Community Group:

We now have the Cameroon Community using our meeting room for their community meetings and celebrations. This is important as we now support the group with providing them information on other subjects including parenting, health and safeguarding to enable to be aware of what is going on locally and nationally in the UK.

ACCM (UK) Nominated for Bedford Police Community Cohesion Awards

One again in 2018 ACCM (UK) through its work with Bedfordshire police to keep the community healthy, happy and safe we were nominated for various awards including best Training Organisation, individual where the Support Worker was nominated. All staff and some volunteers attended the event held in Luton where we were able to meet other nominees, Police Officials and other dignitaries including the High Sherriff. Although we reached to final nomination and did not win we had to accept that we were up against some f the best nominees. ACCM (UK) looks forward to next year when we hope we will up our game and hopefully win awards again as we did in 2017.



Staff their families, Bedford and Kempston MP (second left) and Cllr Sue Oliver (right) at the Police Community Awards Ceremony



ACCM (UK) staff with former High Sheriff for April 2017 to March 2018

Opportunities and challenges

Opportunities:

The Year 2018 to 2019 saw ACCM (UK) build and extend its partnership with Health Watch, Bedford Borough Council Councillors and staff from different departments including housing, properties, safeguarding and public health, Bedfordshire Police, Bedford Hospital, various GP surgeries and CCG.

The Year 2018 to 2019 was the year when the Charity decided to review its Governance as some of the original Trustees had reached their time of retirement. The Charity advertised openly and has been able to recruit new Trustees who will take the Charity forward to another ten years.

We organised and ran 164 events reaching out to over 2,000 who are from the most disadvantaged and disfranchised communities in Bedford's most deprived Wards of Castle, Queens Park, Cauldwell and Harpur and Kempston. Kempston, Cauldwell, Castle and Queens Park continue to be our main target Wards throughout the year though we now expanding our outreach to Kingsbrook, Goldington and Sharnbrook. We have maintained great work relationship with various Bedford Borough Councillors including Cllr. Fletcher for Castle Ward and Cllr. Mohammed Nawaz for Kempston and the new Councillors for Cauldwell who support our work either through partnership working or providing funding.

It was also a good year for our One Stop Shop / Community Hub as we saw increasing numbers use the drop in service especially White British men and male victims of domestic abuse and other forms of abuse. The walk in service made it easier for people to walk and after several visits users were able to open up after gaining trust of staff and volunteers.

We also gained new partners including BAPIO whose Director has been supporting and advising the Charity on future programmes and development of new services to ensure sustainability for another ten years. With the support of BAPIO we have access to local GP's who have agreed to work closely with ACCM (UK) on social prescribing projects where GPs will refer users to ACCM (UK) for support. This hopefully will bring in new funding for CCG and GPs or NHS England.

Local Community and Religious Leaders are now familiar with our work supporting and promoting whenever requested through letting us use their venues use their Radio facilities to broadcast and promote our events and services more widely. This has been important in reaching out to home bound or users who are not able to attend events on the day, such as taxi drivers who listen on their radios, who gain information and seek help or advice later.

ACCM (UK) as founder continues to be lead partner in planning, organising and running Bedford African Community Events as facilitators and raising funding to events. ACCM (UK) leads the partnership of other group representatives from Uganda, Kenya, Zimbabwe, Rwanda, Cameroon and Nigeria to ensure the event is successful in promoting and bring Bedfordshire diverse communities together to enjoy, learn and share in 'What Is African?.' The success of the June 2017 event means that we are planning for the 2nd Event in June 2018 and want it to be even bigger. Looking forward to 2019 event.

ACCM (UK) is currently negotiating with Bedford Borough Council in view of securing a new office premises that could be rent free in the near future. The current offices at 3A Woburn Road/Conduit Road are strategically positioned however the rent paid to the Council is currently very high. We hope that by the end of 2019 year ACCM (UK) will have acquired new rent free Community Centre where existing work will continue while developing new programmes targeting new communities.

Our partnership with Bedford College and Polish British Integration Centre continues, though most of the ESOL and IT sessions are being provided by qualified and trained Tutors funded by Wixamtree Trust and Allen Lane Foundation. The Polish British Integration Centre is also supporting our learners with Skills for employment. We continue to work closely with JobCentre Plus who has now agreed to refer volunteers for work experience.

We will continue to work closely with in partnership with Bedfordshire Police on future community safety programmes and seeking new funding to plan and run own events.

Challenges:

Our main challenge is continuing to secure core funding in a difficult and very competitive environment. Trustees and the Director are focusing on securing continued extension for new funding made a submission to continue addressing mental health, obesity, prostate cancers and diabetes issues that are now very big Policy concerns for the Council and Government from National Lottery Community Fund (formerly the Big Lottery Fund) for at least another five years. We have already submitted a proposal and awaiting further information.

We anticipate securing new funding from such sources as Awards for All, Allen Lane Foundation, the Bedfordshire Office of Police and Crime Commissioner, or Wixamtree and other small Trusts including the Harpur Trust in Bedford. The current funding environment is so competitive and challenging but we have hope and determination to succeed in the interest of our users.

As many small Charities around Bedfordshire are going through the same problem of finding dynamic and expert Trustees to improve their Governance ACCM (UK) is going through the same. We need to recruit at least three more Trustees to help take the Charity forward to another 10 ten years especially when we move to our location in Cauldwell.

Our potential office move to Cauldwell with bring increasing demand for our services, support and information that will increase as we develop new services and programmes targeting new communities in Cauldwell and Kingsbrook. This is due to many factors including loneliness, isolation, unemployment, social media, all forms of abuse, to name but a few bring their own challenges. There is still a challenge in finding qualified counsellors who speak minority languages, especially Asian languages or with expertise in supporting male victims of childhood sexual abuse. The increasing need for elderly people and homeless White men using our Coffee mornings who need extra support due to living in isolation and or being homeless often have needs that require care services that we do not currently provide.

ACCM (UK)'S FINANCES AND GRANTS

Financial Statement for the Year Ended 31st May 2018

STATEMENT OF FINANCIAL ACTIVITIES AND INCOME AND EXPENDITURE ACCOUNT

Notes	Unrestricted Funds	Restricted Funds	Total Funds 2017	Total Funds 2016
	£	£	£	£
Incoming Resources				
Activities in furtherance of the Charity's objects				
Grant Receivable	5963	104417	110380	113262
Fees and Bank Interest				
Total Incoming Resources	5963	104417	110380	113262
Resources Expended:				
Cost of activities in furtherance of Charity's Objects				
Direct Charitable Expenditure	3049	12949	15998	10804
Management and Administration				
Office rent and services	0	20311	20311	8938
Salaries	0	73364	73364	78337
Training	0	2114	2114	5042
Accountancy and professional fees	0	1800	1800	1800
Volunteer Expenses	0	539	539	4141
Travel & subsistence	10	1172	1182	1701
Trustee	30	995	1025	0
Consultancy	0	4230	4230	7990
Administrative	69	6172	6241	7146
Subscriptions	0	364	364	316
Bank Charges	30	223	1253	188
Staff Miscellaneous	0	74	74	2243
Depreciation	0	1059	1059	1059
Total Resource Expended	3188	125366	128554	129705
Net (Expenditure/Income)				
For the Year	2775	(20949)	(18174)	(16443)
Total Funds at 1st June 2016	3027	37460	40487	56930
Total Funds 31st May 2017	5802	16511	22313	40487

Future plans and work in progress

Hopes and aspirations

1. The Charity is all excited about the move to a new office premises as we are in negotiations with Bedford Borough Council about securing Cauldwell Community Centre in Cauldwell as ACCM (UK)'s new home.
2. We will continue fund raising until we have satisfactory reserves for long term sustainability of our work programmes while we develop self-financing programmes that will generate income for long term sustainability. We are hoping an extension of grant our new application to The National Lottery Community Fund.
3. Our long term ambition of developing our Community Hub/Safe Place will continue at the new Community Centre in Cauldwell for the benefit of all communities in the Borough. The Hub will also provide somewhere safe for homeless people, or
4. victims of all forms of abuse or fearing abuse to seek help, talk to someone in confidence and gain valuable information. Encourage more service providers to run surgeries at the HUB for the benefit our users.
5. Continue looking to recruit new Trustees to take the Charity forward for another ten years.
6. Increase funding potential to increase paid staff numbers from 3 to at least 5 to enable us to have capacity to continue developing and providing the best service to meet the increasing needs of our users, their families and communities as a whole.
7. Increase our delivery of health and wellbeing programmes to target young people, elderly and others suffering from mental health in line with Local and Central Government policies.
8. Improve how we communicate counselling services to increase take up of in house counselling. To support our Project Worker, who also speaks various Asian languages, who has completed her Counselling Level 3 to be a professional Assessor and counsellor to increase in-house counselling availability.
9. Continue running ESOL and IT, introducing Citizenship, English and Maths to be delivered in Castle and Cauldwell areas due to increasing need. Develop and offer job and skills training including business start-up and financial management in partnership with JobCentre Plus, Bedford College and PBIC.
10. Increase number of GP surgeries referring users to our project. Capitalise on our new BAPIO relationship as majority of their members are GPs or Health Consultants.
11. Ensure staff, volunteers are trained quickly so we can start using our new local Radio Station to promote our work and reach those vulnerable hard to reach and living in isolation or young families especially as winter closes in people start to stay indoors more.
12. Continue running parenting, health and wellbeing events to tackle and reduce health, social and economic inequalities in Bedford especially mental health in collaboration with our partners and develop new ones. ACCM (UK) believes that communities or individuals who are healthy and empowered with correct information will improve their social and economic status through training or employment or volunteering.

13. Continue lobbying and supporting the Government and Local Authorities to improve facilities and services for victims of illegal harmful traditional practices and all forms of violence so victims can live a healthy, safe and economically active lives.
14. Build on existing and creating new partnerships for better working partnerships to improve the position of those who are most vulnerable in the community.
15. Continue building on our good established partnership working existing and gain new ones in Kempston, Sharnbrook, Kingsbrook to make use of their Religious and Community Centres and local Religious Radio stations.

More information and photos can be found on our website www.accmuk.com or can be requested by contacting us at info@accmuk.com or 01234356910.

FUNDED AND SUPPORTED BY:



The High Sheriff of Bedford

St Andrews Church, Cauldwell

Castle Ward Councillors

Kempston Town Council

Wixamtree Trust

Health Watch

TESCO

GREGGS

AND MANY MORE

Contact details:

ACCM (UK)
1st Floor
3A Woburn Road
Bedford
MK40 1EG
T: 01234 356 910
M: 07712482568
E: info@accmuk.com
W: www.accmuk.com

Registered Charity Number: 1128904

Registered Company Limited by Guarantee Number: 6584024